

# Limietenwedstrijd: Session: 2: COACH Evaluation sheet for TEAM: 12-008

Coachinfo: Warming up from: 13:00 untill 13:45.

Teamleadmeeting @ 13:45

The listed starttimes are indicative!

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

| Event number: 14: 100M FREESTYLE MEN 15+     |       |       |       |         | Heat:3, starttime: 14:09   |
|----------------------------------------------|-------|-------|-------|---------|----------------------------|
| Heat: 3/7 Lane : 6 Athlete: VINKE MATTHIJS   |       |       |       |         | Q-time: 01:02:04           |
| PB (25m pool): 1:02.04 Terneuzen 23 nov 2025 |       |       |       |         | PB (50m pool): 1:05.98 SB: |
|                                              | 2 5 M | 5 0 M | 7 5 M | 1 0 0 M |                            |
| PB                                           |       | 29.32 |       | 1:02.04 |                            |
|                                              |       | 29.32 |       | 32.72   |                            |
|                                              | ..... | ..... | ..... | .....   |                            |

Coach feedback:

| Event number: 18: 100M BACKSTROKE MEN 15+  |       |       |       |         | Heat:2, starttime: 14:51   |
|--------------------------------------------|-------|-------|-------|---------|----------------------------|
| Heat: 2/3 Lane : 7 Athlete: VINKE MATTHIJS |       |       |       |         | Q-time: 01:11:06           |
| PB (25m pool): 1:11.06 Kapelle 26 jan 2025 |       |       |       |         | PB (50m pool): 1:15.38 SB: |
|                                            | 2 5 M | 5 0 M | 7 5 M | 1 0 0 M |                            |
| PB                                         |       | 33.81 |       | 1:11.06 |                            |
|                                            |       | 33.81 |       | 37.25   |                            |
|                                            | ..... | ..... | ..... | .....   |                            |

Coach feedback:

| Event number: 26: 100M BREASTSTROKE MEN 15+ |       |       |       |         | Heat:4, starttime: 16:19   |
|---------------------------------------------|-------|-------|-------|---------|----------------------------|
| Heat: 4/4 Lane : 1 Athlete: VINKE MATTHIJS  |       |       |       |         | Q-time: 01:15:99           |
| PB (25m pool): 1:15.99 Terneuzen 1 mrt 2026 |       |       |       |         | PB (50m pool): 1:19.05 SB: |
|                                             | 2 5 M | 5 0 M | 7 5 M | 1 0 0 M |                            |
| PB                                          |       | 34.87 |       | 1:15.99 |                            |
|                                             |       | 34.87 |       | 41.12   |                            |
|                                             | ..... | ..... | ..... | .....   |                            |

Coach feedback: